“Awakening within us a deep awareness of our surroundings so we are able to reconnect with natural places, increase our self-reliance, and enhance our healthful living.”

Ancestral Plants


Anaskimin is pleased to announce its first publication. *Ancestral Plants* begins a multivolume series that seeks to help people understand the true value of wild plants. Through discussion of the edible, medicinal, and utilitarian properties of the regional flora, this reference will motivate people to engage wild beings and develop self-reliance. More than 100 species are detailed in the 217 pages with 254 color images. Written by Arthur Haines, a botanist, primitive skills instructor, and veteran of foraging and wildcrafting medicine.

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